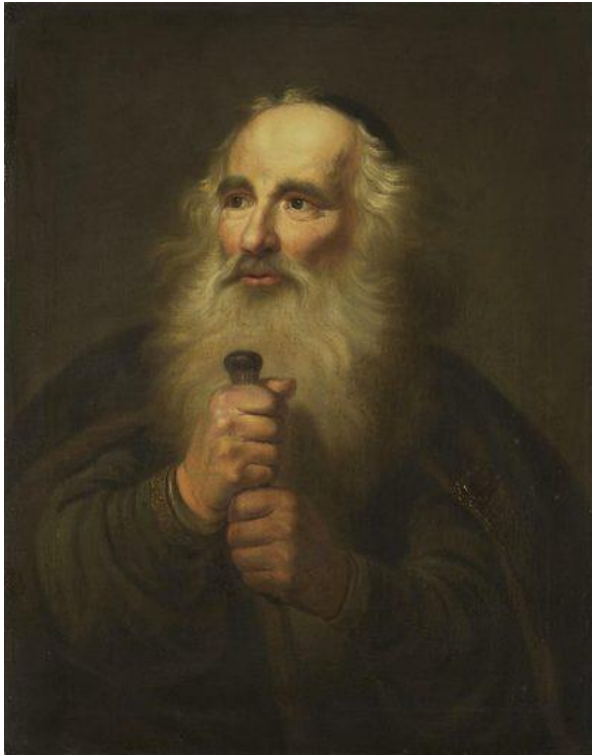


June 2, 2024
Philippians 4:1-9
Title: Stand Firm in the Lord

"These people come near to me with their mouth and honor me with their lips, but their hearts are far from me. Their worship of me is made up only of rules taught by men." Isaiah 29:13



Paul knows suffering, and he also knows joy (Philippians 4:4-7).

- What is joy?
- What is happiness?

How to have joy:

- Avoid anxiety.

FEAR, AFRAID, AND ANXIETY