



# Spiritual Bootcamp

*“Draw near to God,  
and He will draw near to you”*  
(James 4:8)

As we move into the new year and approach the holy season of Lent, we are excited to be focusing on ways to increase our personal relationships with God through renewing spiritual practices both personally and as a church body.

We are calling this our *Spiritual Bootcamp*. The focus of the Bootcamp will be to provide educational sessions on scripture, prayer, and personal spiritual examination in small groups and church wide. Our hope is that you will set your own personal goals for this time of renewal.

What goals will you set for yourself, your family? LUMC has many ways to spend time with other believers and ways to live out your faith.

## My Personal Goals

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**Suggestions for your personal goals:** (See more details in Crosslinks)

1. Make daily prayer a must, and don't be afraid to be honest with God.
2. Spend quiet time with God.
3. Read your Bible.
4. Spend time with other believers.
5. Attend church regularly.
6. Live out your faith.

## Resources

### Personal Reading

Spiritual Studies - Books	Author
Purpose Driven Life	Rick Warren
Experiencing God	Henry and Richard Blackaby, Claude King
The Baby Boomer Bible Study	Joseph A. White
Seven Words to the Cross	J. Ellsworth Kalas
He Chose the Nails	Max Lucado
Because of Bethlehem	Max Lucado
Forgiveness Finding Peace through Letting Go	Adam Hamilton

## Group Study Opportunities

Program	Leader	Study materials	Contact info, dates / time	Location
Bible Study	Pastor Ezekiel	<u>Knowing and Doing the Will of God - Blackaby</u>	Ezekiel.Koech@lenexaumc.org 4:00PM Sundays	Church – room TBD
Book Club	Linda Stoker	Check with Linda on book selections	lstoker98@gmail.com 12:00 PM -3rd Wednesday of each month	Library and Zoom
Book Study	Andy Oren	<u>Holy Living Prayer: Spiritual Practice</u> – Buckley	Andrew.r.oren@gmail.com 6PM Sunday Evenings	Zoom
Children's Sunday School	Mary Clow	Kid's Kingdom @ 9AM Kid's Connect @ 10:30AM	Mary.clow@lenexaumc.org 9:00AM and 10:30 AM Sunday	Education Building
Dashers Adult Sunday School	Dave Glisson	<u>The Gospel of John</u>	daveglisskc@gmail.com 10:15AM Sunday	Asbury Room
Foundations Adult Sunday School	Tammy Shepherd	<u>Love Language</u>	Shepherd.tammy@yahoo.com 9:00AM Sunday	Zoom - Room 119
Friends and Followers Christ Care	Linda Stokes	The group is a caring, confidential circle of friends with Christ at the center where the ups and downs of life can be shared in a safe environment.	Lindalipp@gmail.com 7:00 PM -4th Thursday of each month	Room 105
Men's Group	Erik Troy, Chuck Sheppard	Social opportunity with faith-based friendships.	shepcr@sbcglobal.net 8:00AM -2nd Saturday of each month	Wesley
Movie Group	Tammy Shepherd	Share a movie with church friends.	Shepherd.tammy@yahoo.com 7:00PM 1st Friday of each month	Currently on Zoom
Pathfinders Adult Sunday School	Keith Stokes	<u>Difficult Words of Jesus</u> – Amy-Jill Levine.	Keith@mightymac.org 9:00AM Sunday	Asbury Room
Spectrum Adult Sunday School	Wayne Dothage	<u>Difficult Words of Jesus</u> – Amy-Jill Levine	wdothage@gmail.com 9:00AM Sunday	Room 122
Susanna Circle	Diane Prather	Women's Group	dianpra@hotmail.com 9:30AM- 2nd Thursday of each month	Wesley
Underground Fellowship Odyssey	Lisa Freeman	A meal, fellowship, and a fun game for all ages	Soaringhogslcf@gmail.com 6:30PM-3rd Wednesday of each month	Underground - Education Building
Young Adult Conversations	Lisa Freeman	Study and friendship	Soaringhogslcf@gmail.com 10:30AM Sunday	Underground - Education Building
Youth Group	Teila Creekmore	United Methodist Youth Group	Telia.Creekmore@lenexaumc.org 4-6PM_Sunday	Loft
Youth Sunday School	Teila Creekmore	Lessons and social time for youth	Telia.Creekmore@lenexaumc.org 10:30AM Sunday	Loft

## Ways to Live Out Your Faith Through Volunteering

- Volunteer to help with the February 4<sup>th</sup>, St. Mary's Food Kitchen. Contact threetnkbean@juno.com.
- Volunteer to be a greeter, usher, or communion server at worship services. Contact the church office.
- Volunteer to help with Youth Sunday School and Youth Group. Contact Teila.creekmore@lenexaumc.org.
- Volunteer for LUMC's Dinner's on Us. Contact Wdothage@gmail.com or soaringhogslcf@gmail.com.
- Volunteer at the local homeless shelter, Project 10-20. Look up the ways to Volunteer at project1020.org
- Volunteer at the Hillcrest Thrift Store at 7824 Quivira Road, Lenexa, KS.
- Donate to the Local Food Panty. Bins are in the hallway outside the church office.